Dear Jeff,

We were on the cruise from HongKong to Singapore (1/19 to 2/2) and attended your programs.

What I liked about you personally is that you are engaging, humorous/witty, informal, informational and motivating.

I liked your 'quizes' and 'trivia' information. I liked your practical everyday life and everyday language examples.

Five things you said were very useful and I have already put them into action!!

- (1) Clipping Table of Contents and putting it in a notebook
- (2) Leave a 20% vacancy in each cleaned out/organized space
- (3) Bring papers to their end destination soon
- (4) Stand at a counter for faster action
- (5) Drink more water (8 glasses)

I also took your advice about taking prompt action. My re-entry from the cruise found me 'waking up' at 4:00 a.m. every morning . . . a perfect time for organizing new systems, throwing away clutter and in general simplifying.

Here's what action I've already taken:

- 1. Got a Tickler File and file folders to organize my important action papers.
- 2. Filled 3 large trash bags of paper.